NOVEMBER 2019

GOOD HOUSEKEEPING

HOMETOWN HEROES

Teacher Hero

JACQUELINE CASSAGNOL

TITLE: Registered Nurse
LOCATION: Spring Valley, NY
YEARS ON THE JOB: 8

Jacqueline Cassagnol creates "first responders" for communities in need. Her nonprofit, Worldwide Community First Responder (WCFR), provides health education and first aid training. She was inspired to found WCFR after volunteering in a disaster-preparedness program in Haiti. "A local told me, 'If we had known what you are teaching us now, fewer people would have died during the earthquake,'" she says. "We want people to know that no matter what, they have the power to increase their chances of survival and even help others." —*A.C.*

#THATSGOODHOUSEKEEPING

HOMETOWN HEROES

Earlier this year we asked you to nominate an amazing first responder for *Good Housekeeping*'s *Playing With Fire* Hometown Heroes contest. While only one winner got to appear on our cover with the film's star, John Cena, the individuals you see here are some incredible nominees we had the privilege of learning from. Turn to page 23 to read their inspiring stories and smart, actionable advice on how you can stay safe and potentially help first responders in your own community.

Jacqueline Cassagnol